

Company registration number: 02319928

Charity registration number: 801075
(A company limited by guarantee)



SUSSEX MS CENTRE

Annual Report and Financial Statements for the Year Ended 31 December 2024

Hodson & Co
Wiston House
1 Wiston Avenue
Worthing
West Sussex
BN14 7QL

Sussex MS Centre

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Sussex MS Centre

Welcome to our Annual Report for 2024

Our Vision

To improve the mental and physical health, well-being, and life chances of people in Sussex living Multiple Sclerosis (MS).

Our Mission

Safely to provide a range of services and facilities to realise our Vision in an economic and efficient way.

Our Values

- Members: Our Members and their Carers are at the heart of everything we do.
- Volunteers: Our volunteers are valued, supported and encouraged to develop their knowledge and skills.
- Respect: We treat everyone equally with dignity and respect.
- Teamwork: Members, volunteers and staff work together.
- Community: We foster peer support and participation.
- Environment: We provide an inclusive, welcoming, and safe environment.

"Alone we can do so little, as a community together, we can do so much"

Sussex MS Centre

Reference and Administrative Details

Trustees	M Bennett
	A J Clough
	P A Cook
	S Gritt - Deputy Chair
	G D Hector
	V M Keefe
	A R Walter
	D Cocks
Secretary	A Taylor
Senior Management / Leadership Team	E J Stuttard, Manager
Registered Office	Southwick Recreation Ground Croft Avenue Southwick West Sussex BN42 4AB The charity is incorporated in England.
Company Registration Number	02319928
Charity Registration Number	801075
Auditor	Hodson & Co Wiston House 1 Wiston Avenue Worthing West Sussex BN14 7QL

Sussex MS Centre

Trustees' Report

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 December 2024.

Many of our Trustees live with Multiple Sclerosis (MS) and use the Centre's services or volunteer at the Centre, interacting with our members daily. This has huge benefits as it ensures that our users know that our Trustees have a strong understanding of member's needs and will respond to their feedback. We continue actively to seek Trustees for specific key roles on the Board. We are currently seeking a new Chair of the Trustees.

Chris Ash-Edwards, financial guidance and leadership, Chair and Trustee retired from his role in July 2024. The Trustees would like to thank Chris for his service, guidance and leadership for over 10 years to the Centre. They are extremely grateful to him for the energy he put into his position.

Kenneth Starnes, Trustee and Treasurer for the Centre since 2020 retired in August 2024, and the Trustees wish to thank him for his financial assistance during this period.

Objectives and activities

Objects and aims

These are to provide a Centre where those living with Multiple Sclerosis work collectively to identify and access relevant therapies and social opportunities that will challenge the physical, emotional, and psychological impact of the condition, provide symptom relief, lessen the impact that MS has on their lives and those of their families.

Objectives, strategies and activities

We offer support positively to change the quality of life for those who live with MS. The wide range of drug-free therapies and exercise classes available at the Centre are chosen to help members maintain and improve their current abilities, provide symptom relief, and ward off secondary disabilities. Costs are kept to a minimum helping to ensure that all therapies are affordable. Classes remain free due to our ability to fund these through grants applied for.

We host a "Medication Information Exchange" encouraging members to share their experiences of the different disease-modifying and symptom-management drugs that are available. This helps others to make more informed decisions about which direction to take with medication. Our staff and volunteers provide information and advice on community and statutory support, signposting life enhancing services. We host a variety of advice and guidance sessions from specialist providers such as Bowel and Bladder nurses and Benefits advisors.

We strive to serve the wider community by offering Oxygen Therapy to others who would benefit, subject to availability. These other conditions range from Autism, Cancer, Cerebral Palsy, Chronic Fatigue Syndrome (M.E.), COPD to Diabetes, Parkinsons and Rheumatoid Arthritis, broken bones and fractures and more.

Sussex MS Centre

Trustees' Report

The Centre in 2024

2024 has been a special year for us, a year in which we celebrated our fortieth anniversary. We held our Summer Fair, a landmark event for the local community. This went extremely well, and it was lovely to see so many happy faces on the day, enthused by the warm weather, stalls, bands and dog show. The Fair gave us a good level of exposure and helped us bond with local businesses. There was much support and good will from our local community, and it also worked well as an MS awareness-raising exercise.

We also held a special drinks evening in the Autumn for members and local dignitaries with a members' jazz band playing to mark the occasion and speeches on our Past, Present and Future. Representatives from the breadth of East and West Sussex came to celebrate.

We began the year by receiving as a surprise randomly selected "millionaire street" £50,000 through the Postcode Community Trust. We were selected as a charity local to the millionaire street of the month and awarded this funding. This enabled us to create bursaries for travel and counselling for an eighteen-month period (ending 31/08/25) as well as supporting staff training and our running costs. During the year a total of £11,436 was spent renewing the gym roof.

In 2024 the Centre increased support for Mental Health through a combination of increased counselling sessions and the introduction of Support Groups for people with MS and a separate support group for Carers. The MS groups cater for people with a range of disabilities, dealing with reality that their lives are permanently changed living with a chronic disease. Not only does MS have a major impact on people physically, it affects the mental health of those living with a lifelong condition. Studies show a higher rate of suicide in people with MS than in the general population (A Feisten & B Pavisian, 2017, MS Journal).

Carers are also struggling caring for their loved ones 24 hours a day for years. These groups are facilitated by a trained therapist providing a safe place for people to share their problems and explore ways to manage their MS or caring duties with their peers.

The Support Groups have had fantastic results. We have witness increased confidence in and out of the Centre and participants have reduced anxiety, stress and suicidal thoughts. The groups also have an impact on how people see the changes in their bodies, their general approach to life within themselves, their family, friends and wider community.

Particular thanks this year are to People's Postcode Lottery, Ernest Kleinwort Charitable Trust, February Foundation, Chalk Trust, The B & L Leach Family Trust, the Robert Luff Foundation and Pebble Trust for their continued financial help.

We extend our sincere thanks to all individuals, community groups, local companies and charitable trusts that responded to our needs during the year. We are extremely proud and encouraged that many of our members continued to support the Centre by donating generously. Particular thanks go to Sue Petit and Caroline Beebe. Many other members (too many to name here) contributed by fundraising in imaginative ways throughout the year.

Membership changes

In the past, voting members of Sussex MS Centre have been called 'Corporate Members'. In the latter part of 2022, Trustees decided to cease using this name and instead divide membership between 'Members' and Associate Members'.

It was the Board's intention that those living with MS would be known as 'Members'. They are entitled to vote at meetings where voting is applicable. All others who join the Centre, be they those with other conditions or Carers would be known as non-voting 'Associate Members'. This has continued to be rolled out throughout 2024 and the majority of members have now made this transition to 'Members'.

Sussex MS Centre

Trustees' Report

Public benefit

The charity's main activities and who is helped are described below. The main focus of all charitable activities is to support people with Multiple Sclerosis.

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Sussex MS Centre has close to one thousand members on the database, with 381 members paying their subscriptions in 2024.

Multiple Sclerosis is a changeable condition, and individuals can go through long periods when they do not require our services, so they do not necessarily subscribe during these periods. Our policy is to continue to be in contact with the MS community regardless of subscription, as many return to us in times of need.

Use of volunteers

Sussex MS Centre benefits from many hours of volunteer time. Volunteers operate the Oxygen Chamber and Reception, organise fundraising and social events, provide refreshments, help in the garden, and assist generally in the day-to-day running of the Centre. This amounts to the equivalent of 4 full-time employees.

We held a party for all our volunteers in February to thank them for all the work they do. This was a party with a difference as volunteers came to the party in 80's garb, supplied us with photos of what they were doing in the 80's for display, and took part in an 80's quiz. We extend our heartfelt thanks to them all for their time, dedication and commitment without which we would cease to exist.

During the year we took on 3 new chamber operators and a new garden volunteer. The Social Committee ran fewer events than previously but has been finding its feet under new leadership after 4 members leaving and recruiting new committee members.

Sussex MS Centre

Trustees' Report

Staff

We began and ended the year with four members of staff, Emily-Jane Stuttard (EJ), our Centre Manager, Rebekah Walker, our Operations and Community Fundraiser, Helen Turner our part-time Admin and Operations (22.5 hours weekly), and our Freelance Trusts and Grants Manager, Donna Williamson (11 hours weekly) became an employee of the Centre in April 2024. From July onwards we employed a freelance book keeper Lucy Plant.

We continue to support our staff professional development and fund appropriate training, with all operational staff and volunteers attending courses on Safeguarding and First Aid Refreshers. Training is given too in respect of the Oxygen Chamber to all of our chamber operators annually to ensure the safety of members.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	M Bennett A J Clough P A Cook S Gritt - Deputy Chair G D Hector V M Keefe K Starnes (resigned 24 August 2024) A R Walter D Cocks (appointed 27 January 2025)
Chairman:	C J P Ash-Edwards (resigned 3 July 2024)
Secretary:	A Taylor
Senior Management / Leadership Team:	E J Stuttard, Manager

Our Chair during the year, C P Ash-Edwards, retired on 3 July 2024 and whilst the charity is looking for a new Chair, our Deputy Chair, S Gritt, is now Acting Chair.

Achievements and performance

The Trustees are pleased to report that the charity's total income was up by £69,042 (32%) from 2023.

The Centre was put on the map with the holding of the Summer Fair event held in June of 2024. Relationships blossomed with local bodies enabling us to feel more part of the community than before and opening up avenues of individuals willing to help us with our fundraising activities.

Having a Trusts and Foundations Manager meant we were able to secure £72,330 of funding in 2024. To have once more employed a professional fundraiser to apply for grants weekly has meant we catch bids and applications we may not have before and has enabled us to reach funding we would not have thought possible, enabling us to upgrade facilities and carry out repairs necessary.

Sussex MS Centre

Trustees' Report

Treatments

Oxygen Therapy

This was the first therapy offered by our charity and remains the most used. High Dosage Oxygen Therapy (HDOT) involves sitting in our pressure chamber breathing pure oxygen through a mask for approximately an hour. We also offer oxygen under normal atmospheric pressure seated outside the chamber at an 'oxygen station'. Many of our members find it a vital therapy for relieving fatigue and other symptoms and slowing the progression of MS. We never refuse therapy for people with MS but suggest a donation towards the costs.

In 2024, 2,197 High Dosage Oxygen sessions were attended by 261 distinct members.

Individual Therapies

Individual therapies are used by many members to help with symptom management, warding off secondary disabilities and improving wellbeing. We offer Acupuncture, Alexander Technique, Beauty Therapy, Bowen Therapy, Counselling, Foothealth (Chiropody), Manual Lymph Drainage Massage, Advanced Therapy Massage, Indian Head Massage, Shiatsu Massage, Osteopathy, Physiotherapy, and Reflexology. We provide the administration and facilities for individual therapies, but therapists are self-employed and paid directly by the Centre Member. Therapists pay the Centre £1 room rent (daily). Therapy charges increased to £25 per session in 2024 and we differentiated between Members and Associate Members to which we charge £30 a session. Physiotherapy and Counselling sessions are an exception at £35. We administer and subsidise individual physiotherapy sessions by £10 per session. Many members access counselling through our bursary.

In 2024, 1,916 therapy sessions were held helping 196 distinct attendees.

Classes

The Centre ran a programme of classes consisting of weekly Mat and Chair Yoga, Mat and Chair Pilates, Keep Fit and seated exercise, Singing, Physio Exercise and one 8-week Mindfulness course as well as some Mindfulness online follow up sessions for participants from the previous three years. Exercise classes are useful for reducing fatigue, improving balance and posture, countering muscle weakness and reducing the occurrence of muscle spasm, as well as improving wellbeing, building friendships and being an enjoyable group activity. Online classes of Pilates and Seated Physio exercise continued to run throughout 2024 proving with popular with those who chose not to come to the Centre or could not come to the centre because of transport. These classes very much helped to counter isolation. All our classes (live and online) are offered for free, although members are encouraged to donate towards their running costs.

In 2024, 596 class sessions were held with 119 distinct attendees.

Sussex MS Centre

Trustees' Report

Nicky Whiley, wife of Andy Whiley, a new member in 2023-24:

"We have been members of Sussex MS Centre for just over a year now and I can't express enough just how you have changed our lives!

"EJ, Rebekah and Helen are totally amazing, however, I would **especially** like to thank ALL the volunteers who have made such a huge impact on us ... From the first time we walked through the doors, being welcomed by the smiles at the reception desk we have been blown away by everyone who volunteers - and through them, my husband Andy has been able to access regular Oxygen Therapy, a very supportive Support Group, Mindfulness, Keep Fit and Pilates, and he greatly values the chats and laughter that getting to know these wonderful people has brought him.

"We have both enjoyed the varied social events that the Social Team arrange with their fabulous enthusiasm and energy.

"I personally want to thank you all for being a safe and supportive place where I can happily leave my husband and step away from my Carer's duties for a while, to enjoy my own time and hobbies.

"We are truly so grateful for all of you, and all that you do!"

Social Activities

There is a communal café, which is the hub of the Centre. It provides an invaluable forum for members and carers to share knowledge, experiences, and advice. Many friendships develop and the social forum encourages participation. Trustees often join members over refreshments which ensures that members feel valued and their feedback is welcomed.

Having established an invaluable library of MS books through funding from the Gannett Foundation, we have continued to grow this library using remaining funds. Members can borrow books for a few months at a time. We also supply literature to give to members on various aspects of Multiple Sclerosis and other sources of support provided by our local MS Society, different charities, and support agencies.

A great strength of our community is the active and inclusive social component, encouraging peer support and a feeling of belonging. We have a volunteer-led Social Committee that organises monthly events during the year, including monthly weekend socials. The Committee had a change of leader in Autumn and began to re-establish itself.

"Social events are so important for wellbeing - such an important part of the Centre. They mean so much to us. Thank you to the Social Committee".

"What an amazing night of pure entertainment! We have been to four events this year and have enjoyed each one. All have been different, and we can bring friends out for the evening as they are sensibly priced, and it's a great place for those who cannot do pubs etc. Food is a great addition to the evening. Thanks to all those who make it happen."

"You guys have no idea quite how much you have changed my whole life this year. Thank you will never be enough."

Talks and Workshops

We are always keen to share expert advice with our members and plan a range of talks and workshops. Talks in 2024 included talks about applying for benefits and an occupational health talk from an occupational therapist.

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Trustees' Report

Working with others

The Centre is a member of Neuro Therapy Network, an umbrella body which facilitates networking amongst Centres. They have continued to provide the sharing of best practice and monthly online meetings with other managers at centres nationally, which the Centre Manager attends.

We have close links with local community groups and companies who provide invaluable support including Community Works, Adur Voluntary Action and NCVO.

Financial review

The charity receives income from three main sources: general donations; donations towards services and fundraising activities; and, through our fundraiser, Grants and Trusts.

Income from unrestricted funds was £239,721 (2023 £146,858) and restricted funds £44,670 (2023 £68,492). Resources expended were £248,649 (2023 £197,102). At 31 December 2024, total funds were £264,466 (2023 £228,724). During the year spending on direct charitable activities represented 97.12% of total expenditure (2023 97.8%)

Our heartfelt thanks go out to all our members, community groups (especially the Lions), local industry and charitable trusts who helped the Centre throughout the year.

Policy on reserves

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. They will continue to review the financial affairs of the charity with the aim to increase income, cut costs and improve the overall control of its operations. The Trustees consider that the present level of funding will be adequate to support the continuation of the charity and for it to fulfil its obligations. The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets, 'free reserves' held by the charity, should be a minimum of 6 months core running costs. Budgeted running costs for 2025, based on 2024 actual amounts, are £203,000 and therefore the target is at least £101,500 in unrestricted funds. At 31 December 2024, the actual free reserves were £107,166 which represents over six months running costs. The Trustees have set aside a reserve fund of £125,000 for the future new build. Taking into account the Centre's aging Oxygen Chamber, they have also made the decision to start a sink fund for its replacement or repair, ringfencing £10,000.

Structure, governance and management

Nature of governing document

The charity is constituted as a company limited by guarantee and is governed by Articles of Association adopted in 2020.

Recruitment and appointment of trustees

All directors of the company are also trustees of the charity, and there are no other trustees. The Board of Trustees has the power to appoint additional trustees as it considers fit to do so. Trustees are required to attend two Board meetings before being formally co-opted onto the Board.

Induction and training of trustees

All trustees are already familiar with the practical work of the charity and have knowledge of the 'Essential Trustee 6 main duties', the charity commission's requirements. Short training sessions to familiarise new trustees with the charity and the context within which it operates are provided by the Centre Manager and Trustees.

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Trustees' Report

Organisational structure

The charity is managed by a Board of Trustees that meets every two months with additional meetings as required. 50% of the Board is made up of people living with Multiple Sclerosis. There is a full time Centre Manager who works closely with the Board. There are two full time and 2 part time personnel.

There are sub-committees of volunteers that focus on finance and social events.

Financial instruments

Objectives and policies

The trustees actively review the major risks that the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with the annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate significant risks.

Plans for future periods

Aims and key objectives for future periods

Our key objective for 2025 is to ensure that we continue to remain sustainable during the cost-of-living crisis precipitated by the Ukraine War, ongoing energy crisis, US tariffs and any other increases in inflation. We are focusing on completing planning and writing our new strategic plan which is to span 2025 to 2030. We are continuing discussions with Adur and Worthing Council concerning our new building on the Recreation Ground. We are hoping to transfer some group activities from the main building to our new garden rooms to take pressure off while we wait to have create/gain a new building.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

Reappointment of auditor

The auditors Hodson & Co are deemed to be reappointed under section 487(2) of the Companies Act 2006.

Statement of trustees' responsibilities

The trustees (who are also the directors of Sussex MS Centre for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

Sussex MS Centre

Trustees' Report

- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on and signed on its behalf by:



A Tayler
Company Secretary

Sussex MS Centre

Independent Auditor's Report to the Members of Sussex MS Centre

Opinion

We have audited the financial statements of Sussex MS Centre (the 'charity') for the year ended 31 December 2024, which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 December 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Sussex MS Centre

Independent Auditor's Report to the Members of Sussex MS Centre

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of trustees' responsibilities (set out on page 10 and 11), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

- Obtaining an understanding of the legal and regulatory frameworks that the entity operates in, focusing on those laws and regulations that had a direct effect on the financial statements;
- Enquiry of management about any instances of non-compliance with laws and regulations;
- Enquiry of management to identify any instances of known or suspected instances of fraud;
- Assessing the risk of material misstatement of the financial statements, including the risk of material misstatement due to fraud and how it might occur, by holding discussions with management and those charged with governance.

Sussex MS Centre

Independent Auditor's Report to the Members of Sussex MS Centre

- Enquiry of management and those charged with governance around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Reviewing minutes of meetings of those charged with governance; and
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect noncompliance with all laws and regulations. If a breach of operational regulations is not disclosed to us or evident from relevant correspondence, an audit will not detect that breach.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.



.....
Matthew Hodson BSc FCA (Senior Statutory Auditor)
For and on behalf of Hodson & Co, Statutory Auditor

Wiston House
1 Wiston Avenue
Worthing
West Sussex
BN14 7QL

Date: 3/6/25

Sussex MS Centre

Statement of Financial Activities for the Year Ended 31 December 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	139,430	44,670	184,100
Charitable activities	4	90,768	-	90,768
Other trading activities	5	5,638	-	5,638
Investment income	6	3,885	-	3,885
Total Income		<u>239,721</u>	<u>44,670</u>	<u>284,391</u>
Expenditure on:				
Costs of generating donations and legacies	7	(4,168)	(1,070)	(5,238)
Costs of trading activities	7	(1,811)	(100)	(1,911)
Charitable activities	8	<u>(199,936)</u>	<u>(41,564)</u>	<u>(241,500)</u>
Total Expenditure		<u>(205,915)</u>	<u>(42,734)</u>	<u>(248,649)</u>
Net income		<u>33,806</u>	<u>1,936</u>	<u>35,742</u>
Net movement in funds		33,806	1,936	35,742
Reconciliation of funds				
Total funds brought forward		<u>208,360</u>	<u>20,364</u>	<u>228,724</u>
Total funds carried forward	20	<u><u>242,166</u></u>	<u><u>22,300</u></u>	<u><u>264,466</u></u>

The notes on pages 19 to 32 form an integral part of these financial statements.

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Statement of Financial Activities for the Year Ended 31 December 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	65,568	68,492	134,060
Charitable activities	4	72,045	-	72,045
Other trading activities	5	5,566	-	5,566
Investment income	6	3,679	-	3,679
Total Income		<u>146,858</u>	<u>68,492</u>	<u>215,350</u>
Expenditure on:				
Costs of generating donations and legacies	7	(2,300)	(80)	(2,380)
Costs of trading activities	7	(1,290)	(650)	(1,940)
Charitable activities	8	<u>(140,982)</u>	<u>(51,800)</u>	<u>(192,782)</u>
Total Expenditure		<u>(144,572)</u>	<u>(52,530)</u>	<u>(197,102)</u>
Net income		2,286	15,962	18,248
Transfers between funds		<u>6,208</u>	<u>(6,208)</u>	<u>-</u>
Net movement in funds		8,494	9,754	18,248
Reconciliation of funds				
Total funds brought forward		<u>199,866</u>	<u>10,610</u>	<u>210,476</u>
Total funds carried forward	20	<u>208,360</u>	<u>20,364</u>	<u>228,724</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2023 is shown in note 20.

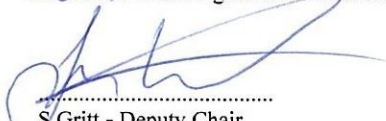
The notes on pages 19 to 32 form an integral part of these financial statements.

Sussex MS Centre

(Registration number: 02319928)
Balance Sheet as at 31 December 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	14	34,833	5,393
Current assets			
Stocks	15	245	245
Debtors	16	1,668	3,046
Cash at bank and in hand	17	275,338	227,677
		277,251	230,968
Creditors: Amounts falling due within one year	18	(47,618)	(7,637)
Net current assets		229,633	223,331
Net assets		264,466	228,724
Funds of the charity:			
Restricted income funds			
Restricted funds	20	22,300	20,364
Unrestricted income funds			
Unrestricted funds		242,166	208,360
Total funds	20	264,466	228,724

The financial statements on pages 15 to 32 were approved by the trustees, and authorised for issue on 31.03.25 and signed on their behalf by:


S Gritt - Deputy Chair
Trustee

Sussex MS Centre

Statement of Cash Flows for the Year Ended 31 December 2024

	Note	2024 £	2023 £
Cash flows from operating activities			
Net cash income		35,742	18,248
Adjustments to cash flows from non-cash items			
Depreciation	7	1,467	1,367
Investment income	6	<u>(3,885)</u>	<u>(3,679)</u>
		33,324	15,936
Working capital adjustments			
Increase in stocks	15	-	(71)
Decrease/(increase) in debtors	16	1,378	(1,030)
Increase in creditors	18	<u>39,981</u>	<u>545</u>
Net cash flows from operating activities		<u>74,683</u>	<u>15,380</u>
Cash flows from investing activities			
Interest receivable and similar income	6	3,885	3,679
Purchase of tangible fixed assets	14	<u>(30,907)</u>	<u>(5,144)</u>
Net cash flows from investing activities		<u>(27,022)</u>	<u>(1,465)</u>
Net increase in cash and cash equivalents		47,661	13,915
Cash and cash equivalents at 1 January		<u>227,677</u>	<u>213,762</u>
Cash and cash equivalents at 31 December		<u><u>275,338</u></u>	<u><u>227,677</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 19 to 32 form an integral part of these financial statements.

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Southwick Recreation Ground
Croft Avenue
Southwick
West Sussex
BN42 4AB

[Authorised for issue date](#)

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Sussex MS Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from approving these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to continue as a going concern.

Judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Gifts in kind

Gifts in kind are recognised in different ways dependent on how they are used by the charity:

- (i) Those donated for resale produce income when they are sold. They are valued at the amount actually realised.
- (ii) Those donated for onward transmission to beneficiaries are included in the Statement of Financial Activities as incoming resources and resources expended when they are distributed. They are valued at the amount the charity would have had to pay to acquire them.
- (iii) Those donated for use by the charity itself are included when receivable. They are valued at the amount the charity would have had to pay to acquire them.

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Long leasehold property	over the term of the lease
Furniture and Equipment	over 5 years
Equipment	over 5 years

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first-out (FIFO).

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

Financial instruments

Classification

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total funds £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	83,350	38,980	122,330
Donations from individuals	42,941	5,690	48,631
Gift aid reclaimed	3,948	-	3,948
Regular giving and capital donations	7,639	-	7,639
Other income from donations and legacies	1,552	-	1,552
Total for 2024	<u>139,430</u>	<u>44,670</u>	<u>184,100</u>
Total for 2023	<u>65,568</u>	<u>68,492</u>	<u>134,060</u>

4 Income from charitable activities

	Unrestricted funds General £	Total funds £
Centre costs	90,768	90,768
Total for 2024	<u>90,768</u>	<u>90,768</u>
Total for 2023	<u>72,045</u>	<u>72,045</u>

5 Income from other trading activities

	Unrestricted funds General £	Total funds £
Trading income;		
Sales of goods and services	2,018	2,018
Property rental income	3,620	3,620
Total for 2024	<u>5,638</u>	<u>5,638</u>
Total for 2023	<u>5,566</u>	<u>5,566</u>

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

6 Investment income

	Unrestricted funds General £	Total funds £
Interest receivable and similar income; Interest receivable on bank deposits	3,885	3,885
Total for 2024	<u>3,885</u>	<u>3,885</u>
Total for 2023	<u>3,679</u>	<u>3,679</u>

7 Expenditure on raising funds

a) Costs of generating donations and legacies

	Unrestricted funds General £	Restricted funds £	Total funds £
Note			
Other direct costs of generating voluntary income	4,168	1,070	5,238
Total for 2024	<u>4,168</u>	<u>1,070</u>	<u>5,238</u>
Total for 2023	<u>2,300</u>	<u>80</u>	<u>2,380</u>

b) Costs of trading activities

	Unrestricted funds General £	Restricted funds £	Total funds £
Note			
Costs of goods sold	1,811	100	1,911
Total for 2024	<u>1,811</u>	<u>100</u>	<u>1,911</u>
Total for 2023	<u>1,290</u>	<u>650</u>	<u>1,940</u>

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

			Total costs £
8 Expenditure on charitable activities			
	Unrestricted funds General	Restricted funds	Total funds
Note	£	£	£
Centre costs	122,442	27,700	150,142
Oxygen therapy treatment costs	13,615	12,238	25,853
Other therapy treatments	30,865	10	30,875
Allocated support costs	33,014	1,616	34,630
Total for 2024	<u>199,936</u>	<u>41,564</u>	<u>241,500</u>
Total for 2023	<u>140,982</u>	<u>51,800</u>	<u>192,782</u>

9 Net incoming/outgoing resources

Net incoming resources for the year include:

	2024 £	2023 £
Depreciation of fixed assets	<u>1,467</u>	<u>853</u>

10 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

P A Cook

£Nil (2023: £121) of expenses were reimbursed to P A Cook during the year.

Equipment costs

M Bennett

£257 (2023: £558) of expenses were reimbursed to M Bennett during the year.

Social event costs, equipment costs, repairs and maintenance.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

11 Staff costs

The aggregate payroll costs were as follows:

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

	2024 £	2023 £
Staff costs during the year were:		
Wages and Salaries	91,424	80,617
Social Security Costs	2,598	929
Employer Contributions to Pension Plans	2,459	2,021
	<u>96,481</u>	<u>83,567</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No	2023 No
Number of Administration Staff	3	3
Number of Management Staff	1	1
	<u>4</u>	<u>4</u>

No employee received emoluments of more than £60,000 during the year.

During the year the charity made the following transactions with key management personnel:

H Turner

£28 (2023: £202) of expenses were reimbursed during the year.

EJ Stuttard

£230 (2023: £247) of expenses were reimbursed during the year.

D Williamson

£Nil (2023: £25) of expenses were reimbursed during the year.

R Walker

£15 (2023: £38) of expenses were reimbursed during the year.

12 Auditors' remuneration

	2024 £	2023 £
Other fees to auditors		
Audit-related assurance services	3,264	3,180
All other non-audit services	404	425
	<u>3,668</u>	<u>3,605</u>

13 Taxation

The charity is a registered charity and is therefore exempt from taxation.

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

14 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Total £
Cost			
At 1 January 2024	281,188	26,254	307,442
Additions	<u>28,662</u>	<u>2,245</u>	<u>30,907</u>
At 31 December 2024	<u>309,850</u>	<u>28,499</u>	<u>338,349</u>
Depreciation			
At 1 January 2024	281,188	20,861	302,049
Charge for the year	<u>-</u>	<u>1,467</u>	<u>1,467</u>
At 31 December 2024	<u>281,188</u>	<u>22,328</u>	<u>303,516</u>
Net book value			
At 31 December 2024	<u>28,662</u>	<u>6,171</u>	<u>34,833</u>
At 31 December 2023	<u>-</u>	<u>5,393</u>	<u>5,393</u>

15 Stock

	2024 £	2023 £
Stocks	<u>245</u>	<u>245</u>

16 Debtors

	2024 £	2023 £
Trade debtors	192	96
Prepayments	<u>1,476</u>	<u>2,950</u>
	<u>1,668</u>	<u>3,046</u>

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

17 Cash and cash equivalents

	2024 £	2023 £
Cash on hand	150	112
Cash at bank	57,922	34,856
Short-term deposits	217,266	192,709
	<u>275,338</u>	<u>227,677</u>

18 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	42,098	2,098
Other taxation and social security	652	1,039
Other creditors	1,064	657
Accruals	3,804	3,843
	<u>47,618</u>	<u>7,637</u>

19 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £2,459 (2023 - £2,021).

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

20 Funds

	Balance at 1 January 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 December 2024 £
Unrestricted funds					
<i>General</i>					
General Funds	83,360	239,721	(205,915)	(10,000)	107,166
<i>Designated</i>					
Building Project Reserve	125,000	-	-	-	125,000
Oxygen chamber	-	-	-	10,000	10,000
	<u>125,000</u>	<u>-</u>	<u>-</u>	<u>10,000</u>	<u>135,000</u>
Total unrestricted funds	<u>208,360</u>	<u>239,721</u>	<u>(205,915)</u>	<u>-</u>	<u>242,166</u>
Restricted funds					
Albert Hunt Trust	-	5,000	(5,000)	-	-
Anton Jurgen Trust	-	1,830	(1,830)	-	-
Brighton and Hove Buses	-	100	(100)	-	-
Burgess Hill District Lions Club	17	500	(517)	-	-
Cash4Clubs	-	2,000	(1,718)	-	282
David Cons	500	-	(500)	-	-
Douglas Arter Foundation	-	750	(750)	-	-
Fitton Trust	250	250	(500)	-	-
Friarsgate Trust	4,062	-	(4,062)	-	-
Gannett Foundation	1,056	-	(210)	-	846
Garfield Weston Foundation	4,000	-	(4,000)	-	-
J C Robinson	-	500	(500)	-	-
Lions - Xmas	-	200	(200)	-	-
Lions Club - Adur East	-	200	(200)	-	-
Lions Club - Rottingdean	-	250	(250)	-	-
Local Giving	500	-	(500)	-	-
Peter Harrison Foundation	-	3,000	-	-	3,000
Peter Jones	-	490	(490)	-	-
Regency Round Table	140	-	(140)	-	-
Shanly Foundation	1,500	-	(1,500)	-	-
Shoreham Port and Kitchen	10	-	(10)	-	-
Sport England	-	7,000	(5,700)	-	1,300
Stagecoach	1,000	-	(1,000)	-	-
Sussex Community Foundation	623	-	(623)	-	-
The Blakemore Foundation	-	100	-	-	100

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

	Balance at 1 January 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 December 2024 £
The Chalk Cliff Trust	-	5,000	-	-	5,000
The February Foundation	-	4,500	(4,500)	-	-
The Focus Foundation	2,246	-	(2,246)	-	-
The Green Hall Foundation	-	2,000	-	-	2,000
The Inman Charity	4,460	-	(4,460)	-	-
The James Tudor Foundation	-	5,000	(228)	-	4,772
The Pebble Trust	-	5,000	-	-	5,000
William Allen Young Trust	-	1,000	(1,000)	-	-
Total restricted funds	<u>20,364</u>	<u>44,670</u>	<u>(42,734)</u>	<u>-</u>	<u>22,300</u>
Total funds	<u>228,724</u>	<u>284,391</u>	<u>(248,649)</u>	<u>-</u>	<u>264,466</u>

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

	Balance at 1 January 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 December 2023 £
Unrestricted funds					
<i>General</i>					
General Funds	74,866	146,858	(144,572)	6,208	83,360
<i>Designated</i>					
Building Project Reserve	125,000	-	-	-	125,000
Total unrestricted funds	<u>199,866</u>	<u>146,858</u>	<u>(144,572)</u>	<u>6,208</u>	<u>208,360</u>
Restricted					
Albert Hunt Trust	-	3,000	(3,000)	-	-
Brighton and Hove Buses	-	250	(250)	-	-
Burgess Hill District Lions Club	1,080	-	-	(1,064)	16
David Cons	500	-	-	-	500
Douglas Arter Foundation	-	750	(750)	-	-
Ernest Kleinwort Charitable Trust	-	6,000	(6,000)	-	-
Fitton Trust	-	250	-	-	250
Friarsgate Trust	4,572	4,752	(5,262)	-	4,062
Gallaghers (via Neighbourly) Community Fund	-	1,000	(1,000)	-	-
Gannett Foundation	1,630	-	(575)	-	1,055
Garfield Weston Foundation	-	10,000	(6,000)	-	4,000
Groundwork UK Tesco	1,125	375	(1,500)	-	-
Hendy Foundation	-	1,500	(1,500)	-	-
Homeinstead Charities	-	400	(400)	-	-
Knights of the Road Masons	600	4,808	(264)	(5,144)	-
Local Giving	500	-	-	-	500
Masonic Meeching Lodge - Classes	-	2,540	(2,540)	-	-
National Lottery	-	8,500	(8,500)	-	-
Peter Harrison Foundation	-	211	(211)	-	-
Peter Jones	-	1,000	(1,000)	-	-
Postcode Society Trust	-	500	(500)	-	-
Pride	-	1,000	(1,000)	-	-
Regency Round Table	-	500	(360)	-	140
Shanly Foundation	-	1,500	-	-	1,500
Shoreham Port and Kitchen	-	240	(230)	-	10
Stagecoach	-	1,000	-	-	1,000

Sussex MS Centre

Notes to the Financial Statements for the Year Ended 31 December 2024

	Balance at 1 January 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 December 2023 £
Sussex Community Foundation	-	1,626	(1,003)	-	623
The Chalk Cliff Trust	-	3,240	(3,240)	-	-
The February Foundation	-	4,250	(4,250)	-	-
The Focus Foundation	-	3,300	(1,054)	-	2,246
The Inman Charity	-	5,000	(540)	-	4,460
Versus Arthritis, Sport England	603	-	(603)	-	-
Yorkshire Building Society	-	1,000	(1,000)	-	-
Total restricted funds	10,610	68,492	(52,532)	(6,208)	20,362
Total funds	210,476	215,350	(197,104)	-	228,722

The building project reserve is for the future development of the charity's buildings and infrastructure.

The national lottery income was provided for repairs and improvements to the property which were completed in the year.

21 Analysis of net assets between funds

	Unrestricted funds		Restricted funds	Total funds at 31 December 2024
	General £	Designated £	£	£
Tangible fixed assets	34,833	-	-	34,833
Current assets	119,951	135,000	22,300	277,251
Current liabilities	(47,618)	-	-	(47,618)
Total net assets	107,166	135,000	22,300	264,466

	Unrestricted funds General £	Restricted funds £	Total funds at 31 December 2023
	£	£	£
Tangible fixed assets	5,393	-	5,393
Current assets	210,604	20,364	230,968
Current liabilities	(7,637)	-	(7,637)
Total net assets	208,360	20,364	228,724

22 Related party transactions

There were no related party transactions in the year.